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# ADVISORY BOARD ON ATHLETIC TRAINING MINUTES

## **February 6, 2020**

The Advisory Board on Athletic Training met on Thursday, February 6, 2020, at 10:00 a.m. at the Department of Health Professions, Perimeter Center, 9960 Mayland Drive, Henrico, Virginia.

**MEMBERS PRESENT:** Michael Puglia, AT, Chair

Deborah B. Corbatto, AT, Vice-Chair

David Pawlowski, AT

Jeffrey Roberts, MD (Joined at 10:15 AM)

MEMBERS ABSENT: Trilizsa Trent, Citizen Member

**STAFF PRESENT:** William L. Harp, MD, Executive Director

Elaine Yeatts, DHP Senior Policy Analyst Michael Sobowale, Deputy for Licensure Denise Mason, Licensing Specialist

Colanthia Morton Opher, Deputy for Administration

#### CALL TO ORDER

Mr. Puglia called the meeting to order at 10:05 a.m.

#### EMERGENCY EGRESS PROCEDURES

Dr. Harp announced the emergency egress instructions.

#### ROLL CALL

Ms. Mason called the roll, and a quorum was declared.

## **APPROVAL OF MINUTES OF MAY 23, 2019**

Mr. Pawlowski moved to approve the minutes of the May 23, 2019 meeting as presented. The motion was seconded and carried without objection.

#### ADOPTION OF AGENDA

Mr. Pawlowski moved to approve the agenda. The motion was seconded and carried unanimously.

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#### PUBLIC COMMENT ON AGENDA ITEMS

None

#### **NEW BUSINESS**

# 1. Report of the 2020 General Assembly

Ms. Yeatts reviewed the bills of interest from the 2020 session of the General Assembly.

The report was for information purposes only and did not require any action.

## 2. Follow-up on previous discussion of Dry Needing

Mr. Puglia stated that questions had been posed to him as to what an athletic trainer can and cannot do in regards to dry needling.

Ms. Yeatts pointed out that dry needling is not in the scope of practice for athletic trainers.

It was determined that dry needling is not an entry level skill. Dr. Roberts stated that prior to proposing any legislation to include dry needling in the AT scope of practice, it would be good to first determine the core competencies of athletic trainers in the use of dry needling as a treatment modality for injuries.

## 3. Discussion of requirement of ATs working under the direction of a physician

Mr. Puglia stated that there are individuals working in secondary schools/administration who are not familiar with the practice of AT's, and under whose supervision an athletic trainer must work. According to the law, an athletic trainer works "under the direction of the patient's physician or under the direction of any doctor of medicine, osteopathy, chiropractic, podiatry or dentistry..."

Dr. Harp asked if the Virginia High School League (VHSL) could disseminate the laws and regulations governing the practice of athletic training to its members.

After discussion, Ms. Corbatto moved to have the laws and regulations sent to VHSL. Mr. Pawlowski seconded, and the motion carried.

## 4. Follow-up on previous discussion of best practices for exertional heat illnesses

Mr. Puglia opened the discussion by reviewing the best practices for exertional heat illnesses. He stated that determination of core temperature by rectal thermometer is standard of care in athletic training, and a nonphysician should not be dictating the standard

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of care for athletic trainers. The Advisory Board emphasized that an athletic trainer is to

follow the standard of care.

Dr. Harp discussed the process by which the Board of Medicine handles complaints

received at the Board.

It was discussed that a recommendation could be made to VHSL to develop a guidance

document that could be shared with schools and school Athletic Directors to better

familiarize stakeholders with this issue

No action was taken.

5. Regulations Governing the Practice of Athletic Trainers

Ms. Yeatts informed the members that there will be a reduction in this year's renewal fee.

**ANNOUNCEMENTS** 

Ms. Mason stated that there are currently 1,347 Athletic Trainers actively licensed with the Board

of Medicine. 251 are out of state, 4 of which are currently inactive.

Ms. Opher reminded members that when responding to Board of Medicine emails, please

remember to reply only to the sender and not copy all recipients, so as not to inadvertently create

a meeting.

**NEXT MEETING DATE** 

June 4, 2020 at 10 a.m.

**ADJOURNMENT** 

With no other business to conduct, the meeting adjourned at 11:08 a.m.

William L. Harp, M.D.

**Executive Director** 

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